

VIAL OF LIFE INSTRUCTION SHEET

What is the VIAL OF LIFE program?

In a medical emergency, thinking clearly is difficult. Critical information is not always passed on to EMS workers and the Emergency Department. This can sometimes be life threatening. The VIAL OF LIFE program was developed to help with this situation. The VIAL OF LIFE is a proven program that assists emergency personnel (firefighters, paramedics, police and hospital staff) to get important medical facts during a crisis. By filling in the VIAL OF LIFE health form with the appropriate information and keeping it updated, you won't have to remember it. The idea is so simple, but it is something that can save your life.

How do I use the VIAL OF LIFE?

1. Take the time to carefully fill in both sides of the VIAL OF LIFE health form. You should have a separate vial and form for each person living in your home. **PLEASE PRINT CLEARLY.** This information is confidential and will only be used to help emergency personnel in your care and treatment. If you don't know the answer to a question on the form, contact your doctor or pharmacist for the correct information or leave the section blank.
2. Fold and roll up the VIAL OF LIFE health form as instructed and put it inside the empty VIAL OF LIFE bottle. Put on the easy open cap.
3. Put the VIAL OF LIFE bottle on the inside door of your refrigerator. Always keep it where it can be easily reached.
4. It is very important that you keep this information up-to-date and accurate. Review the health information when you change the batteries in your smoke detector with the spring and fall time changes. If a medication changes, cross out the old medication and write in any new medications.
5. Traveling? Take the VIAL OF LIFE with you. Place it in your vehicle's glove box, in your purse or in your personal luggage.

The VIAL OF LIFE form can be filled out using your computer. Just click on the line you want to complete and start typing. Remember to print the form before leaving the site as you are not able to save the information on the form.